## Dear 0. J.

I'd like to see you, to talk to you in person. But I know you can't do that. I've been attending these meetings to help me turn negatives into positives -- to help me turn get rid of my anger · · · · I've learned to "let things go" (the most powerful, helpful thing I've ever learned). I've learned that all things that upset & bother me are just a mirror of what's going on in me. I always knew that what was going on with us was about me -- I just wasn't sure why it was about me -- So I just blamed you. I'm the one who was controlling. I wanted you to be faithful and be a perfect father. I was not accepting to who you are. Because I didn't like myself anymore. I'm not sure exactly what went on with me these last few years. I know New Year's Eve started it. I sank into a depression that I couldn't control. I also agree with you now -- that I went through some sort of mid-life crisis --"that 30's thing," you called it, my own self esteem · · · etc· I know it was a combination of all of these things. But mostly, due to all of these things, I know I gave up I gave up treating you like I loved you. We started taking each other for granted -and I didn't know how to put it all back together. I never stopped loving you -- I stopped liking myself and lost total confidence in any relationship with you.

I really needed this time in my life -- It's allowed me to get to know and like myself (again). It's given me a chance to go from a non-person, (the past 3 years) to a whole person.

There's so much I want to say to you. It's very hard to express myself in this letter. I wish we could be taking a walk around the block like we used to. It would be so much easier to speak to you face to face. I want to put our family back together! I want our kids to grow up with their parents: I thought I'd be happy raising Sydney & Justin by myself -- since we didn't see too much of you anyway. But, now, I [missing text] · I want to be with you! I want to love you and cherish you, and make you smile · I want to wake up with you in the mornings and hold you at night · I want to hug and kiss you every day · I want us to be the way we used to be There was no couple like us · I don't know what I went through · · · · I didn't believe you loved me anymore -- and I couldn't handle it · But for the past month I've been looking at our wedding tape and our family movies -- and I can see that we truly loved each other · A love I've never seen in any of our friends · Please look at the 2 tapes I'm sending over with this letter · Watch them along & with your phone turned off -they're really fun to watch ·

 $O \cdot J \cdot$ , I want to come home -- I want us all to be together again -- We can move wherever you want -- we can stay here -- I just never want to leave your side again.

I've almost come home 20 times since I left -- but I was never totally sure about us until now I know I love you and know I'm in love with you and know I want to [missing text] and be with you forever

Please watch the tapes -- I know you have major anger against me -- but you owe it to your kids and to us I had that same anger · · I'd never let this happen to us again · Without this year, without this growth, I don't think we'd have had a chance together -- We let it die · And through death · · · something new always grows · I agree with what you said 6 or 8 months ago · The next time around will be the best · I totally feel that now · We want to come home -- we'd be there tomorrow if you'd let us · I'm not embarrassed about anything -- I don't give a hoot what anybody thinks. I only know I love you and our kids would be the happiest kids in the world.

If you're totally happy with your life now -- I'll understand -especially if you're truly in love and know that's going to work. Then, I can't mess with that. If I don't hear from you soon -then I'll assume that's the case and I'll never bother you or ask you to have [missing text] way to find out -- I had to ask.

 $O \cdot J \cdot You'll$  be my one and only "true love." I'm sorry for the pain I've caused you and I'm sorry we let it die. Please let us be a family again, and let me love you -- better than I ever have before.

I'll love you forever and always · · ·

Me.

(Jack Walraven, 1993)